

Anxiety Treatment Center, LLC

10 Forest Park Drive
Farmington, CT 06032
860-269-7813

Directions

We are located on the first floor of Building 10 in the Forest Park Office Park.

From North of Hartford:

From 91 South, merge onto 84 West via exit 32A toward Waterbury for approximately 8.3 miles. Take exit 39 toward Farmington Route 4 West and travel approximately 2.9 miles. You will pass Tunxis Plantation and Country Club on your right followed by a driving range and miniature golf course. Turn right into Forest Park Office Park and follow the signs to Building 10. The Anxiety Treatment Center is located on the first floor.

From points East of Farmington:

From 84 West, take exit 39 toward Farmington Route 4 West and travel approximately 2.9 miles. You will pass Tunxis Plantation and Country Club on your right followed by a driving range and miniature golf course. Turn right into Forest Park Office Park and follow the signs to Building 10. The Anxiety Treatment Center is located on the first floor.

From South of Hartford:

From 91 North, merge onto 84 West toward Waterbury on the left and continue for approximately 8.2 miles. Take exit 39 toward Farmington Route 4 West and travel approximately 2.9 miles. You will pass Tunxis Plantation and Country Club on your right followed by a driving range and miniature golf course. Turn right into Forest Park Office Park and follow the signs to Building 10. The Anxiety Treatment Center is located on the first floor.

From points West of Farmington:

From 84 East, take exit 39 toward Farmington Route 4 West and travel approximately 2.9 miles. You will pass Tunxis Plantation and Country Club on your right followed by a driving range and miniature golf course. Turn right into Forest Park Office Park and follow the signs to Building 10. The Anxiety Treatment Center is located on the first floor.